

Today's Date: _____

GOAL AGREEMENT

I, _____, hereby understand that I can achieve anything I set my mind to.

My goal is to _____

This is important to me because _____

I will complete this goal by _____.
(Date)

My three step plan to achieve this goal is:

1. _____
2. _____
3. _____

Once I've accomplished my goal, I will celebrate by _____

In accordance to the agreed terms herein, the goal setter affixes his/her signature below:

